

2022	<h2 style="margin: 0;">16 Hour Anger Management Program</h2> <h3 style="margin: 0;">Assessment & Treatment Associates</h3> <p style="margin: 0;">Phone: 425-289-1600 - Call to Pre-Register</p>
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The Anger Management course is available conveniently via Zoom. It is offered in a two-day format 8-hours Saturday and 8-hours Sunday. The course content includes triggers of anger, coping skills, stress management, improved communication, as well as mindfulness exercises. There will be breaks throughout the day and a longer break for lunch. This course fulfills the requirement for a Level 2 Anger Management course.

Times:
 Saturday: 9:00AM to 6:00PM

 Sunday: 9:00AM to 6:00PM

Price:
 \$500.00
 (Prepayment is required)

Program Schedule:		
Month	Saturday	Sunday
January	29	30
March	26	27
May	21	22
July	30	31
September	24	25
November	19	20

Please Note:
 Rescheduling fee \$50.00.
 Splitting the weekend is not allowed.
 Working microphone & camera required.
 Must follow all rules to attend.

Participant Information:	
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Name:	
Phone Number:	
Birthdate Date:	
Email Address:	
Class Date:	

Payment:	
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Credit/Debit Card #	
Expiration	Security Code
Contact ID #	Facilitator notification date:

NOTE: Once registered, you will receive a zoom link from the program facilitator.